

WELCOME

to St. Paul's
Cathedral.

*May you find joy,
peace and love.*

EVERYONE WELCOME for SUNDAY EUCHARIST at 10:00 a.m.

Services are livestreamed at:

<https://www.facebook.com/StPaulsAnglicanCathedralRegina.ca>

STAINED GLASS SERIES, PART V: UPDATE ON RESTORATION PROJECT

Submitted by: Susan Gorges

It has been months in which we have had two “picture” windows instead of two stained glass windows but finally the restored windows will be coming home!

The stained-glass restoration project is ready to move forward again. October 10 and 11, Matthew (the restorer) and his twin sons will arrive to install the restored windows and to remove seven other windows that have been identified as needing the most urgent attention. The names and location of the windows are:

1. Christ with Lamb, a dedication window for Thomlinson (Nave/Centre/North Elevation)
2. Dove over Bible, a Geometric window with Vase (South Transept / East Side)
3. Alpha & Omega, in the Bell Tower (South Side / Centre)
4. Cross on Bible over St. John, a Geometric window with Vase (South Transept / South Side / West Elevation)
5. Wheat Sheaf over Cross, a Geometric window with Vase (Nave / West Side / North Elevation)
6. 5-point Star over Grapes, a Geometric window with Vase (Washroom / Centre / East Elevation)
7. Star of David over Triangle, a Geometric window with Vase (Chapel Stairwell)

The seven windows will be replaced with “picture” windows until their return which may a lengthy time. Restoration will begin in January 2026 as Matthew is currently involved in a large project that will take until the end of 2025 to complete.

SEEK AND TRY TO FIND...



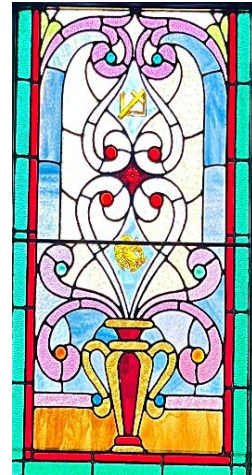
Christ with Lamb



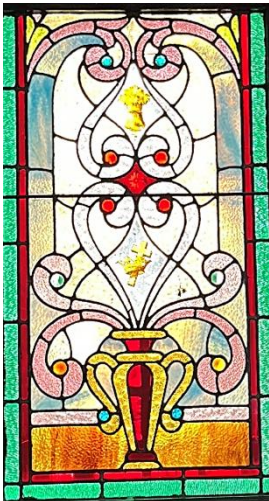
Dove Over Bible



Alpha & Omega



Cross on Bible Over
St. John



Wheat Sheaf Over Cross



5 Point Star Over Grapes

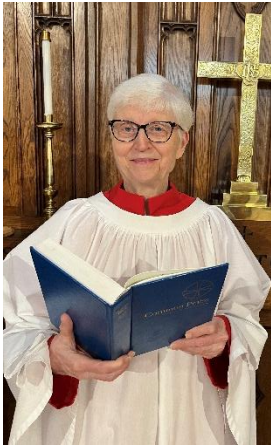


Star of David Over Triangle

Editor's Note 1: I honestly thought that I would easily find these windows considering Susan has given the locations. If weren't for Elvira coming to help me, I would still be searching. Let me know how you make out.

Editors Note 2: Of all the times I have looked at these windows, I have never noticed the emblems (wheat sheaf, St. John, etc). Had you noticed them before?

THANK YOU, MARGARET, FOR SIXTY YEARS OF MAKING MUSIC!



Margaret Ball was known for her extensive vocal range by the age of seven. At the age of 13, Holy Trinity Anglican Church, Yorkton, granted a special request for Margaret to sing as an “apprentice” with the senior choir until she was old enough to be confirmed.

While attending Grades 11 and 12 at Qu’Appelle Diocesan School (later named St. Chad’s Girls School) she sang with two school choirs and the St. Paul’s Pro-Cathedral Choir. After graduation she returned to Yorkton until 1965 when she returned to Regina to sing with her sisters in the St. Paul’s choir.

In 1982, Margaret took a one-and-a-half-year sabbatical from St. Paul’s Choir to sing with St. Peter’s Anglican Church choir. Once she returned to St. Paul’s Choir she has remained there ever since.

Over the sixty years, Margaret has sung under every bishop since Bishop Michael Coleman, eight deans of the diocese and many assistants and visiting clergy. She has seen three major changes of hymnals, three changes of psalters as well as many changes of music directors and accompanist.

She has sung at many, many events but highlights singing with a mass choir during the visit of the Archbishop of Canterbury in the 1960s, the St. Paul’s choir for two separate royal visits from HRH Princess Alexandra and HRH Princess Ann, and in Saskatoon when St. Paul’s joined with the Saskatoon choir to celebrate the visit of Queen Elizabeth II and Prince Phillip.

Margaret’s eyes sparkle as she tells of her memories travelling overseas with the St. Paul’s Choir where they filled in as the cathedral choir for the Shrewsbury Abbey, Lichfield Cathedral, Christ Church Cathedral in Oxford and Chichester Cathedral.

Of all the memorable events that Margaret has been involved in, her most cherished memories continue to be the joy of singing and praising in worship, the experience of learning so many new pieces of music and the creation of wonderful friendships throughout the years.

CHRISTMAS ON THE PRAIRIES

Even though the weather has been more like summer than autumn, there are people who already have had plans for Christmas popping into their minds. For most though, Christmas creeps up quickly leaving many scrambling to catch up. Here is something to think about – and a plea for help – before the craziness of preparing for the festive holidays begins.

Without an available director to help with St. Paul's Christmas play, Susan Gorges has had Christmas on her mind for quite some time as she considers what St. Paul's could hold instead of a play. Over the summer she purchased the book called "Christmas in Canada" from the Big Book Sale. She scoured the chapters about Christmas on the Prairies in search of ideas that would be viable for the Christmas fundraiser that will be held at St. Paul's on December 13. **MARK YOUR CALENDAR!**

The book described how the homesteaders left their networks of support that was provided by family and friends. Christmas without family was the most difficult time of all. Holidays provided a reason for everyone to gather at someone's home in the area. It was expected that everyone who attended would contribute to the entertainment with a story, poem, song or playing an instrument. It would become an evening filled with memories that would be told over and over again during the lonely winter.

St. Paul's would like to recreate the 'down home' evenings on the prairies and is asking everyone to participate. You can be part of the action in three easy steps!

Let's start with the easy. People in the audience is a crucial part of the afternoon. You can begin your "audience" role by letting Susan know your 3 most favourite hymns. As you join in with the rest of the audience to sing carols, your beloved hymns may be on the list.

What is Christmas without food? Even food was in abundance during the homesteader's parties as everyone contributed with that too. Since that just isn't feasible in this setting, here is the next best thing. Find those recipes that makes Christmas, Christmas for you. It could be a recipe handed down through the

Christmas on the Prairies cont'd

generations or a new one that guests say is the best. Send in the recipe(s) to be put in a simple booklet so everyone can experience new things or a new twist on the traditional.

And last but certainly not least, (in fact this is the most important point of all!) start thinking about what you and/or your family can contribute to the afternoon's entertainment. Don't let your nervousness hold you back as everyone else is as nervous as you. Sorry, no jokes as children of all ages will be in attendance.

Dean Mike has volunteered to play guitar and sing – or maybe lead the audience in singing. Our new-to-Canada families are thinking about what music to present. The choir will be asked to step forward and sing a solo or tell a story. One parishioner is already practising a story to tell! Simply telling a favourite childhood memory about Christmas could be part of the entertainment.

There is no time to wait as Christmas season is going to arrive and Susan needs to pull this altogether for the afternoon of December 13 to fill at least 75 fabulous minutes of entertainment.

Act now! Talk to or send Susan your ideas / questions / suggestions. You can reach her at susan@gorges.ca or (306) 546-4477. Christmas cookies and hot chocolate will be enjoyed following the performance.

This fundraiser is important to the church as far as funding is concerned, but more importantly, just like the pioneers, it is an excuse to draw your immediate family together with your Church family. Christmas with family is the best!



FEELING ISOLATED?

During the isolation period of COVID, St. Paul's had a program where volunteers would phone people who were feeling lonely. Once isolation was done, the program stopped, however, it has been suggested that this program should return.



If you would like to receive phone calls or be a part of making phone calls, please talk to any Vestry member. This will not take much of your time and you would brighten someone's day.

SUNDAY SCHOOL NEEDS HELP!

Changes are a part of living and, at the moment, the Sunday School is finding that they need help. Sunday School is without a leader who would arrange teachers, keep an eye on supplies and generally help however they can.

The Sunday School ministry is a very important part of St. Paul's. It has been consistently growing over the last couple of years, and it would be a shame to see it stop now. If you would like to get involved with this worthy cause, please talk to a Vestry member or call the office to further discuss the role.

ST. PAUL'S CHARITY SEW DAYS

On September 19 & 20, about a dozen people came to the hall to work on a sewing project for a charity. The ample space was appreciated as many spread out quilts and pieces of fabric to work their magic.



FUTURE EVENTS

October 4:	Fall Supper, 4:30 & 6:30 seatings Drop in or call the office for tickets
October 18	Puzzle Sale
November 22	Christmas Bazaar
November 30	Advent Tea
December 13	Christmas on the Prairies More information to follow

REFLECTION AND INSIGHT



Nestled amongst the towers of skyscrapers on Park Avenue in New York City is St. Bart's Episcopal Parish Church. Sixteen hundred people attended on the Sunday following 9/11. The congregation was shocked, exhausted, and many were grieving. While the words and actions of the worship service provided strength, Rector Bill Tully recognized that an extraordinary gesture was appropriate. He offered the words written by Henri-Frédéric Amiel in 1868 which were relevant in 1868, in 2011 and still in 2025. They are rich with meaning that are often forgotten during our journey and will remain true to the end of time.

As the world struggles with the increasing loss of respect for those who travel the way with us, take a moment to reflect on the message and embrace the words **swift to love, haste to be kind and the blessings of the Lord** to use as your guide throughout your travels.

***Life is short, and we do not have much time
to gladden the hearts of those who
travel the way with us.
So be swift to love, make haste to be kind
and may the blessings of the Lord be with you.***

Henri-Frédéric Amiel, 1868



Join us for FELLOWSHIP following the 10:00 a.m. Sunday service. Come for the coffee and tea but stay for the people.

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