



**All are WELCOME at St. Paul's Cathedral
or livestream at:**

<https://www.facebook.com/StPaulsAnglicanCathedralRegina.ca>

STRAWBERRIES ARE COMING BACK!!!

We need your help to
SELL, SELL, SELL
THOSE DELICIOUS STRAWBERRIES



Strawberry Vouchers & Quilt Raffle Ticket Books
are ready for you –

see **Elvira in foyer/hall/office**

or call **306-522-6439 ext. 2**

e-mail: office@stpaulsregina.ca



SPREAD THE WORD!!

There are Posters for displaying where you can!

If you are able to help out in any way

Please contact

Coordinator Shelley – smproux.regina@gmail.com -306-533-2240

SUNDAY SCHOOL WRAP UP

The last day of Sunday School will be May 10th, Mother's Day! The Sunday School children will be offering hot dogs, chips and cake after church. Plan to attend as the kids are eager to serve you!



STRAWBERRY FAIR HISTORY

The year was 1988.

Calgary hosted the Winter Olympics. The Hubble Space Telescope was put into operation. And *Who Framed Roger Rabbit?* was one of the top movies of the year. But all of that paled in comparison to the inauguration of the Strawberry Fair that was held at St. Paul's Cathedral in Regina. It was the kickoff of an annual event and major fundraiser that has lasted **38 years (-2 yrs. due to COVID)**.

The idea for a strawberry fair was created by Warden Joyce Blake while Bishop Duncan Wallace was the rector. The retired Bishop once recalled the first fair was a great success...except for the tiny fact that no provisions had been made for the removal of the remaining strawberries at the end of fair day. "They were beginning to soften and smell by Sunday noon," Wallace added. "We did learn."

Prior to Strawberry Fair, St. Paul's in conjunction with St. Luke and St. Michael in Regina and All Saint's in Lumsden held the *Medieval Banquet* for many years as a fundraiser. While the banquets were a great success and great fun, they were also extremely personnel-dependant and not as financially profitable once divided amongst the four parishes.

A hall twice the size of the current hall housed the ever-popular *White Elephant* station and *Clothing Boutique* in the smaller rooms below the hall. With the demolition of the large hall and the construction of a smaller hall, these two elements of the original Strawberry Fair were eliminated; however, many still remain such of books, collectibles, crafts, baking and jewellery.

Strawberry Fair underwent extreme changes in 2025 when the supply chain for strawberries became questionable. Beyond Strawberries developed from Strawberry Fair with sale of jams and syrups made in Canada were sold rather than strawberries. The booths for baking, books, collectibles, crafts and jewellery continued as usual.

And now, it is 2026. It so exciting that Strawberry Fair and Beyond Strawberries have merged to become **Strawberries and Beyond**. This beloved fundraiser is in it's 39th year and is still growing and changing to meet the needs of the times.

Continue reading to find out what is happening this year.....



STRAWBERRIES and BEYOND

SATURDAY June 6, 2026

8:30 am. - 1:00 p.m.

Some info on what's needed
for our **BIGGEST** fundraiser!

YOUR HELP is needed. This is our **BIGGEST** fundraiser and more than ever, we need **EVERYONE** working together! Watch for signup sheets for your opportunities to help make this another successful event.

Calling all Bakers! Pat & Susan are looking for your contributions of baked goods to the ever popular "**Bake Table**". Goodies go quickly. New trays for packaging your baking will be available in the cloister.

Time to swap things out? Need room for something new? Your winter reading / viewing / gaming material is needed at "**The Second Edition**" (books, movies, cd's, gently used games such as card games, board games, etc.).

And we know there were many 'crafty' people out there who were busy over the winter / spring / winter / spring. What do you do with your fabulous creations? **Janet Craig** will take them at the "**Craft Corner**".

Have you started your spring cleaning? We have a place for your 'treasures / collectibles' on the "**Collectibles Table**". Remember this this isn't a rummage sale. Bring your best gently used, ready-to-downsize pieces here!

Going through your jewellery? Have something that is just collecting dust or doesn't match anymore? The "**Jazzy Jewellery**" table is just the place to give someone else the chance to enjoy it.

Were you over-eager for spring and now have too many bedding plants? Did you split bulb masses and don't know what to do with all of them? Remember "**Plants, Gardens & More**" will have a place for you to spread new life beyond your yard!

We will be able to receive your contributions starting Tuesday, May 26th. Call the Cathedral office at 306-522-6439 ext. 2 and let us know when you're on your way just to make sure there is someone around to accept your treasures.

Strawberry Fair cont'd

Contact these table co-ordinators if you are willing or able to help in any of these areas or require more information.

- ❖ Bake Table – Contact Pat – lauder.patricia@gmail.com - 306-789-6997
- ❖ Welsh Cakes – Contact Jean – jikeeley@sasktel.net – 306-721-1543
- ❖ Books – Contact Val – valereen.johnson@gmail.com -306-537-9138 -
- ❖ Crafts – Contact Janet – jtwetencraig@gmail.com – 306-545-0198
- ❖ Jewellery – Contact Angie – wa3f@sasktel.net – 306-570-2236
- ❖ Media/PR - Contact Shelley- smproulx.regina@gmail.com -306-533-2240



**LET'S MAKE THIS
OUR 'BESTEST' EVER**



SUNDAY SCHOOL UPDATE

Angie Friedrich



I absolutely love teaching Sunday School. I find it very enjoyable to search out and create what the children will do each week. Unfortunately, with my other commitments I need to find a co-ordinator and more teachers for the fall.

St. Paul's Sunday School usually has 4 - 8 enthusiastic children each week. The SS lesson comes from any of the readings for that Sunday but is usually taken from the Gospel (the last) reading. If there is a well-known story (think Adam & Eve, Jonah, Daniel) in the first or second readings, that one can be taught instead.

But how do does one come up with a lesson plan? It really couldn't be easier with search engines where the lesson title (the unforgiving servant) or the reading description (Matthew 18: 21-35) is entered and many, many ideas pop up.

Sunday School Update cont'd

The children go down to Sunday at the time of the first reading during the service. The class usually follows the same routine: the lesson for the day which often includes a short-animated video from YouTube, an activity such as a game or craft taken from the search and if there is time, a song on YouTube that is meaningful. Of course, everyone is more than welcome to make their own plans.

Why am I telling you all of this? In the fall, I will not be able to continue with Sunday School, so please do not let this worthy children's ministry come to a close. The prospect of preparing for a Sunday School class can be overwhelming for many people so by providing further information on how it all comes together may ease some of those worries. I can assist in the planning for a period of time.

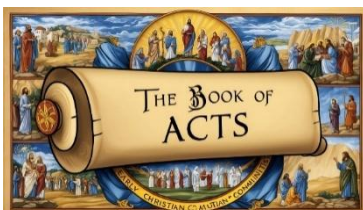
Please call me at 306-570-2236 or email wa3f@sasktel.net if you are interested in co-ordinating the schedule, teaching the children or both.

NOTES FROM THE LECTIONARY – ACTS

by William Stahl

All of the first readings this Easter season are from the book of Acts. The Acts of the Apostles is the second volume of Luke's gospel and was not given its name as a separate book until the end of the 2nd century AD. Together they are the longest book in the New Testament (27.5% of the total).

The oldest existing manuscripts are found in two versions, the "Alexandrian" dating from the 4th century and the "Western" dating from the 6th century. The Western version is 10% longer and is openly antisemitic. Scholars and translators today use the Alexandrian version.



While Matthew and Mark were written by Jewish Christians, Luke-Acts was written by a Greek for Greek Christians. He dedicates both volumes to Theophilus (a Greek name) who is otherwise unknown, but who is thought to be Luke's patron. Both volumes were written in

Greece at Ephesus or perhaps Athens.

Who wrote the books and when is controversial. The author never identifies himself. In Acts there are a few passages written in the first person. This led some scholars to believe that the books were written by Luke the physician, the

Notes from the Lectionary – Acts cont'd

companion of Paul, in the early 60s AD. Other scholars make strong arguments for a later date. Luke's Gospel (like Matthew's) makes use of the Gospel of Mark, which was written about 75-80 AD. Luke also makes use of the work of the Jewish historian Josephus which was written after 90 AD. And Acts makes no mention of Paul's letters, which were not compiled until about 110 AD. There are also a number of discrepancies between Acts and what Paul wrote in his letters. Since the author of Luke-Acts uses multiple sources, these scholars argue that the first-person passages in Acts are fragments of a journal kept by one of Paul's companions. They therefore put the date of writing between 95 and 110 AD, 30 to 45 years after Paul's death.

Luke writes in the style of a Greek historian of the day, which is very different from the way history is written today. History then was written to make a moral or theological point, not to objectively lay out all the facts. Like Thucydides or

Plutarch, Luke places long speeches into the mouths of his characters. We should regard these as reconstructions, not transcripts.

Luke-Acts is full of movement and has a strong emphasis on parallelism. The largest part of the Gospel of Luke is Jesus' journey to Jerusalem. Acts tells the story of the Church's movement from Jerusalem to Rome. The story moves from Jesus to Peter to Paul and from Judaism to Christianity. The most striking parallel is on Pentecost, rightly called the birthday of the Church. In the Book of Genesis people are divided into many languages at the Tower of Babel. On Pentecost, these divisions are overcome by the gift of languages to the Apostles. In the Church, Luke proclaims, all humanity is now one.

WANT TO HELP US OUT?

Susan Gorges

Have you ever thought about the easiest way to 'meet' people at St. Paul's? Well, here is something to consider.



Greeters meet everyone that comes to church on a Sunday. It is their job to smile broadly, say "Good Morning" in their cheeriest voice of welcome, hand out a bulletin – or ask them if they wish the large print

Want to Help Us Out? cont'd

copy of the readings and the hymns. Also, you should offer everyone who comes to the service one of the laminated cards that states they have already given through Preauthorized Payments. Easy so far, right?

The next thing to do is to count the attendance. Since there are always 2 greeters, all you have to do is count one side of the church, plus the clergy and choir members.

Passing the collection plate? Very simple – although it seems that we have lost the art of ‘passing the plate’ since COVID. The Greeter hands the plate to the person nearest the aisle. Even if you don’t have anything to put into the plate (see below for an idea), pass the plate along to the next person. If you are the person nearest the wall, just turn around and hand the plate to the person behind you who will pass the plate along to others and finally back to the greeter. Easey Peasey!



One of the greeters then brings the offertory plates up to the front and they are accepted at the altar.



The last job of the morning is to tidy up the pews – putting back the prayer and hymn books, picking up papers that need to be recycled. This is a quick job – most of the congregation tidy after themselves – so you can quickly join the coffee/tea drinkers for a ‘chin-wag’ as my grandfather would say.

Think about it – and then contact Susan Haacke or the office and let them know that you wish to become a Greeter. THANKS.

AND WHAT IS THE IDEA, YOU ASK?

If you use Preauthorized Payments for your Sunday offering, pick up a card along with the bulletin. Putting the card that declares that you have already given is an overt act in each church service. You will have noted that there is always a “Prayer Over the Gifts” in each service. By having your declaration in the offertory plate that the greeter brings to the altar, you are directly participating in the step that overtly states thanks for gifts given to us and given to the church.

BUILDING COMMITTEE UPDATE

If you are eager for the snow to be gone, you can only imagine the longing of spring by persons on the Snowbuilders Guild! Snow removal from sidewalk and doorways continue as needed.

Hopefully, everyone has noticed the gorgeous carpet (what a beautiful colour of red, right?) that has been installed in the church. The total cost for the carpet was \$12,365.25 and reduces the many tripping hazards the old carpet and transitions created.

An interesting note. Under the old carpet where the greeters meet parishioners, written on the tile was (and still remains) "CARPET LAID BY DAN WESTFIELD 1987 NOV 6 GOD BLESS YOU". Dan Westfield is the oldest child of Murray Westfield who worked as the janitor and handyman at St. Paul's.

It is unknown if Kevin, the new carpet layer, left his mark although he was encouraged to do so. Only time will tell!

Forever Fence Supply are waiting for the phone call to commence installation of the fence, however the weather is just not co-operating. There is still frost in the ground and of course, the latest snowfall causes delays as the ground needs to be dry enough for a skid steer when D & J Paving remove the rock from around the church.

The application to the Anglican Foundation for a grant to cover 30% of the costs has been passed during the intake review phase. The Anglican Foundation committee next meets on May 20th.

PEACE OF MIND PLANNING

Most people begin planning for life events such as weddings or vacations well in advance; however, the gathering of the information required at the end of one's life are often overlooked.

On May 3, 12:00 noon, St. Paul's Columbarium invites you to attend a peace of mind planning session that will supply the pre-funeral information required. Brad

Funston is a Pre-Planning Specialist with Speers Funeral Home. The information will be helpful for you, your family or loved ones and/or your executor.

Peace of Mind Planning cont'd

There is no cost or obligation associated with this presentation. It is entirely for your information and peace of mind planning. If you would like to participate, please list your name and contact information on the sign-up sheet at the back of the church.

Ferlin McChesney, Columbarium Liaison, as well as members of the Columbarium Board of Management will be available to answer any questions you may have about St. Paul's Columbarium. Coffee and refreshments will follow the presentation.

Wonderful - A poem by Harry Baker

May you always picture where you are as where you're meant to be.
May you take in your surroundings like you visited especially.
We all end up in the soil eventually, so may you
carry such goodness that it nourishes for centuries.
May you see life as a show and may the entry fee be empathy,
sat front row with an empty seat for friends in need.
And when you're on form, be generous and spread the energy.
And when you're not sure, be gentle with yourself and don't forget to breathe.



You need not be defined by your many feats, you are not a centipede.
There is a joy in doing some things terribly.
May you share brews and bruises and may you do this tenderly.
You are the most improved you that has ever been.
Of all the words you'll ever hear, remember these:
life is too short to eat celery.
life is too long to feed jealousy.
Life is likely just the right length to need therapy.



May you be seriously silly. may you be wickedly kind.
May you be brilliantly dumb sometimes and yet stupidly bright.
May you certainly have doubts; may your weirdness be the norm.
May the coolest thing about you be your warmth.
May you be powerfully vulnerable, or at least mightily soft.
May you be a contradiction and yet, at the same time not.
And whether you are any, none, or all of the above, -
Above all, may you know that you are loved.

Wonderful cont'd

May you understand that it's okay to change your mind.
And thank you in advance for all the ways you're changing mine.
May you always make room for playfulness. It may just save your life.
And trust, whatever makes your heart grow cannot be a waste of time.
It may not make you money. It may not even make sense,
But it is worth it at the time, and it deserves your very best.
And you are never too busy to catch your breath.
You were never too busy to catch your breath.



Just as you cannot be in traffic without being traffic,
life is not something that you are stuck in while it happens.
There is more in you than you can possibly imagine.
The very fact that you exist makes everything a bit more magic.
And when it all feels too much and there is little you can do,
May you still see the best in people and may people include you.
May one thing match the gravity of all you've done.
This wonderful reality: the best it yet to come.

UPCOMING EVENTS

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|---------------|---|
| May 2 | Requiem Service, 10:00 a.m. Columbarium |
| May 3 | Peace of Mind Planning, 12 noon Columbarium |
| May 10 | Mother's Day & Sunday School wrap up Following the service |
| June 6 | STRAWBERRIES & BEYOND 8:30 – 1:00 |



Join us for FELLOWSHIP following the 10:00 a.m. Sunday service. Come for the coffee and tea but stay for the people.

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If you have comments or concerns regarding Cathedral Calling contact:
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