



All are WELCOME at St. Paul's Cathedral

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MY THOUGHTS ON LENT

by Angie Friedrich

I have something to confess. Never ever have I ever tried to 'give up' something for Lent. I don't know why really as I have a long list of choices. As I started to look at this deeper, I realized that much of the list of items to give up falls within two categories.

There is the category of 'too much'. On this list you would find too much unhealthy eating, too much watching tv, too much time lost on electronics, too much procrastinating, too much alcohol, too much swearing, too much shopping, too much smoking, too much time spent at work, and well, just anything that is too much. The list is just too much!

Then there is the flip side, the list of 'not doing enough'. Amazingly, it mirrors the list of too much. There's not exercising enough, not selecting healthy foods enough, not enough of getting the job done, not enough saving money, not enough time with family, not supporting friends enough, not enough loving our neighbours as ourselves, not going to church enough, not talking to God enough and not talking of God enough. But really! How can I fit all of that into my day when I'm so busy doing too much!?

It is much easier to make the lists for 'too much' and 'not enough' as guilt is often the driving factor. Somewhere between those two boundaries, there must be middle ground called 'I'm doing ok' and dare we even think it, 'just right'.

I KNOW I'M
SOMEBODY



'cause God don't
make no junk!!

When my niece was young, she drew these pictures of a toddler with the caption “I know I am somebody, ‘cause God don’t make no junk”. I was about 13 years old going through some tough times when I first saw her paintings. I can still recall thinking that is not true, otherwise He wouldn’t have made me like me.

We are God’s beloved children created in His image. His love for us knows no boundaries. During times of temptations, we (well, at least me) often fail the test. Lent is 40 days for you to reflect on what may be ‘too much’ or ‘not enough’ in your life. It is the opportunity to reach for ‘I’m doing OK’ or ‘just right’ because as humans, there is no ‘I’m perfect’. The confession of your sins to Jesus and the gift of His forgiveness enables us to start anew.

God don’t make no junk and He made me. I am doing OK!

SHROVE TUESDAY

Shrove Tuesday was held on a very cold, very stormy February 17th. Many people that did not venture out into the night had pancakes at home, but approximately 40 hearty and hungry souls braved the elements to enjoy pancakes, sausage, syrup, strawberries and whip cream at St. Paul’s. The report given was that the pancakes were the fluffiest they have ever had. Thank you, Shelley for catering the meal. And a very big thank you to everyone who attended when staying home would have been much easier.



ST. PAUL’S NEEDS YOU!



Two areas of St. Paul’s Programming urgently need help: Sunday School and Altar Guild. The good news is that the work required in both areas is clearly defined. The curriculum for Sunday School and the structure of each Sunday’s lessons is in place. The Altar Guild has clear instructions on the wall of the sacristy. All you need to do is sign up – of course, you might have questions as to the details of the work. Contact:

Sunday School - Angie Friedrich, wa3f@sasktel.net, 306-570-2236

Altar Guild - Merrilyn Dubreuil, maodubreuil@outlook.com, 306-519-8487

MEDIA CHALLENGE 2026

The 53rd Annual Media Challenge was held on February 2, 2026. The event is attended by media outlets to highlight the challenges facing blind or visually impaired persons. Sighted people are asked to close their eyes or wear an eye mask to experience bowling as a person without sight.

Over the years, the media side has won the competition 27 times while the blind side has won 25 times. Thelma O'Watch was especially hopeful for a win this year to begin a comeback against the media. It would take only three years to be ahead once again. Unfortunately, that was not to be as the media notched up another win in 2026.

Fellow parishioners, Thelma O'Watch and Max Famuyibo competed in this year's challenge. They also bowl in a blind bowling league sponsored by Saskatchewan Blind Sports Association in which Thelma serves as the bowling co-ordinator.



Thelma talks to CTV news during the 53rd Annual Media Challenge.



Max and Thelma are still all smiles following a loss to the media during the Media Challenge.



ST. PAUL'S & HOLY ROSARY ECUMENICAL EXCHANGE

Submitted by Janet Craig

This year the week of Christian unity was January 18 – 25, 2026.

St. Pauls Cathedral (St. Paul's) and Holy Rosary Cathedral (Holy Rosary) happily resumed the longstanding tradition of parishioners from each parish attending each other's service and exchanging readers.

Parishioners of St. Paul's who attended the Holy Rosary mass on January 18th at 11:00 a.m. were Menim Osohima, Helen Jackson, Carol Marz, Margaret Nicholls, Dave and Marilyn Hedlund, Deacon Susan Haacke and me, Janet Craig. Terry Heale, a fellow Anglican and friend of St. Paul's also attended. Dave Hedlund and I were the readers.

Menim was invited by Joanne Skidmore and other choir members of Holy Rosary to join the choir during the service as some of the choir members were teachers at her former school. She enjoyed the experience and is willing to talk to you about it if you ask.

The presiding priest was Father Scott Lewis assisted by Deacon Barry Wood. I listened attentively to his sermon and gained lots of wisdom. The main message I got was about our destiny being determined by God before we are even born and when we listen to the Holy Spirit, our lives will unfold. It reminded me of my grandmother praying for her unborn grandchildren. He spoke of Simon's trust to follow Jesus and how he became a disciple of Jesus, the Messiah.

The Knights of Columbus hosted a pancake breakfast following the service. To me, this was just as important as the participation in the Mass. There was lots of fellowship around the tables, exchanging of ideas and good conversation. Following the breakfast, Brad Hanowski gave Dave and Marilyn Hedlund, Carol Marz and Deacon Susan Haacke a tour of Holy Rosary.

On January 25th, we welcomed a delegation from Holy Rosary to St. Paul's. Brad Hanowski and Shannon Hengen read the lessons. The Very Reverend Michael Sinclair presided at the Patronal Festival Served assisted by the Reverend (Deacon) Susan Haacke, Sub Deacon Trevor Power and Crucifer Setor Tsegah. The Reverend Dr. Johnathan Bauer, Assistant to the Bishop and Director of Ministry Development, Diocese of Qu'Appelle, preached at the service. What a pleasure it was to listen to him as he focused on Ecumenism and the conversion

of St. Paul. Refreshments followed in Bagnall Hall. Our visitors commented on the warm welcome they felt from the parishioners of St. Paul's.

I look forward to continuing my role on the organizing committee for the joint Cathedral visitations and welcome you to attend both services in 2027.



ST. PAUL'S COLUMBARIUM

On the first Saturday of each month, a Requiem Service is held at 10:00 a.m. in the Columbarium. These are special and meaningful services with family members of those inurned invited to attend. Approximately 30 people are in attendance each month. A light reception of coffee and dainties is held following the service.

The next Requiem Service will be held on Saturday, March 7 at 10:00 a.m.

ALL ARE WELCOME!

UPCOMING SERVICES

Lent Services

Lent 2	March 1, 10:00 a.m.
Lent 3	March 8, 10:00 a.m.
Lent 4	March 15, 10:00 a.m.
Lent 5	March 22, 10:00 a.m.
Palm Sunday	March 29, 10:00 a.m.

Holy Week

Maundy Thursday	April 2, 7:00 p.m.
Good Friday	April 3, 12 noon
Easter Vigil	April 4, 9:00 p.m.
Easter Sunday	April 5, 10:00 a.m.



KEEPING SAINT PAUL'S CATHEDRAL IN 'GOOD WORKING ORDER

by Susan Gorges

The cathedral is our church home. The importance of routine maintenance is as important here as it is at your home. Just like your home, expenses will inevitably come for unexpected roof repairs, window replacements, basement bracing, or water heater breakdown.

The cathedral has its usual maintenance (covered by a budget line in the operations budget for 2026), but it also carries its own unique requirements.

St. Paul's Cathedral has been designated an Historic Building since 1973. This adds another challenge on us as 'homeowners'. We need to keep the exterior in good order, but also as original as possible.

During 2024 and 2025, much of this unique work has been on the stained-glass windows. First, we had to repair 4 windows damaged by vandals. Then there was an emergency with 2 windows – one where the glass had already fallen out of place and the other where the lead was softening and the glass was slipping downward, ready to fall. Then we began with the 7 windows that were determined by the restorer as needing immediate attention. That work is not yet done, but other priorities need jump to the top of the list!

In 2026, we will need to sharpen our pencils and get to work on some very important items that have been set aside. The Vestry has developed a priority sequence for the projects needing attention and have approved the budgets for each project. (See Chart Below)

Some of the money for these items is readily at hand – the year 2025 ended with an operating surplus that was more than just a few dollars, but the cost of the projects outstrips our ability to use that surplus which was reached by regular donations throughout the year.

The Vestry has determined that it is good stewardship (the care of our physical church home) not to dip into our investments unless necessary. We need to allow our investments to grow over time, hopefully to the point that the earnings will reach a point where we can use some of those earnings to offset part of the costs for operations.

We want to draw your attention to a special fundraising: Rejuvenation. Any money that you can donate specifically to this over-arching project will allow us to complete this ambitious list during 2026 and 2027. Your donation would be applied to each project in priority sequence. When that project is 'paid for', then your next donation would be applied to the next priority project.

<u>Project</u>	<u>Description</u>	<u>Budgeted Amount</u>
Carpeting in Cathedral	This is a people safety issue. The carpet is stretched and presents a tripping hazard.	\$12,700.00
Fencing	This is a building safety issue. The building is exposed behind the bus stop. (windows, doors, yard)	\$19,200.00
Landscaping	Basic landscaping behind the fencing – drought tolerant ground cover and a few trees.	\$3,000.00
Sound System Upgrades	Replacing the old speakers, microphones, etc. to improve sound throughout the church	\$43,000.00
Stained Glass Windows	As a Heritage Building, we are required to maintain the original exterior of the building. This is new money ¹ required for restoration of the Rose Windows	\$40,000.00

¹ The current money in the Cathedral Preservation fund will cover the cost of the seven windows currently at Prairie Studio Glass in Winnipeg. We have already paid a 50% deposit on this work

VESTRY BRIEFS

Vestry meetings were held on January 27 (delayed one week) and February 17, 2026. Following is a briefing of both meetings.

January 27, 2026

- Donna MacIntosh submitted a financial report for December 2025 which held a pleasant surprise as we finished 2025 with a surplus of \$53,079. Total income for December was \$104,000. Expenses consumed 95% of the budget.
- A 2nd draft of the privacy Policy was reviewed and will come back next meeting after the committee has reviewed additional procedural pieces. There is need for the Diocese to get on overarching privacy policy in place.
- June 6th was selected as the date for Strawberry Fair/Beyond Strawberries.
- Finance Committee is to begin drafting an Investment Policy for St. Paul's. The Finance Committee is an advisory board which brings decision making items back to Vestry for approval. They will begin to draft an Investment Policy for St. Paul's. Committee members are Richard Brown, Doug Turnbull, Jennifer Unwandu, Donna MacIntosh and Jim Melville. Randy Semenchuk, RBC Wealth Management, will serve as our financial advisor.
- Susan Gorges put forth the Warden's Report.
 - Sunday School needs a leader to make a schedule and ensure there is a prepared class each Sunday.
 - The phone-calling program launched during COVID will be re-launched.
 - A website update is desperately needed. Kelechi will review the website and bring a report back to Vestry.
 - Leaders to take on the various fundraising programs are needed.
 - The Dean and Deacon will provide a workshop for leaders.
- Shelley Proulx submitted a report for Building Maintenance. Some projects slated for 2025 were not completed but there is a need to move forward with major projects. Vestry worked out the priorities of each project which is to move forward on the fence and carpet in the Cathedral at this time.

February 17, 2026

Due to snow and frigid temperatures, this was held as a Zoom meeting.

- The Privacy Policy was deferred until next meeting.
- The state of Strawberry Fair is still unknown as Vestry waits to hear from a possible vendor.
- The Finance Committee asked for approval from Vestry for three recommendations. After a lengthy discussion, it was decided to accept two recommendations and the other to be sent back for further clarification.
- The Building Maintenance committee has been attending to the needs of regular maintenance. Floors by Design has confirmed scope of work for new carpet in the Cathedral. The carpet was ordered on February 9 and a deposit of \$5,500 has been paid. The carpet is expected to arrive shortly. Installation will be scheduled once the carpet arrives, but the hope is to have it done by Easter. It is anticipated that it will take 4-5 days to remove old carpet and install the new.

Next meeting will be held March 17th at 7:00 p.m.



Join us for FELLOWSHIP following the 10:00 a.m. Sunday service. Come for the coffee and tea but stay for the people.

St. Paul's Cathedral Contact Information

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If you have comments or concerns regarding Cathedral Calling contact:
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