



**All are WELCOME at St. Paul's Cathedral
or livestream at:**

<https://www.facebook.com/StPaulsAnglicanCathedralRegina.ca>

GHOSTS AT ST. PAUL'S?



There are many wonderful things about cathedrals - especially very old European cathedrals with their stunning architecture and out-of-this-world ambience. There are bats, cats and mice – but according to legend, many have a resident ghost. Could St. Paul's have a ghost - or even two?

This is a picture of the West Rose Window showing what appears to be ghosts hovering 30 feet off the ground. Is that possible? (Keep reading to find the answer!)

DOING SOMETHING



As we grow older and wiser, many of us find we cannot do as much as we once could—or as much as we think we should. So, if you notice something around St. Paul's that needs attention, or hear an idea during fellowship after church, please share it with us. We welcome suggestions

for new programs, improvements to existing ones, or changes to the building, grounds, music, and more. Your idea could be the spark that helps St. Paul's grow in community, outreach, ministry, and impact.

Please email your ideas to susan@gorges.ca and use the subject line "IDEA – followed by your idea" so your message can be flagged for immediate follow-up. You are not expected to turn the idea into reality yourself; your suggestion may simply be the seed that grows and blossoms.

CARING FOR THE EARTH, CARING FOR OUR COMMUNITY

Submitted by Stewardship Committee

In our baptismal promises we commit to safeguarding the integrity of God's creation and promise to respect, sustain and renew the life of the Earth. Our stewardship of the earth is an important part of our life as followers of God. As broad as that promise is, living it out is part of daily life for most of us.

Among many actions we might take as stewards of the earth, we decide each week what to throw out, what to compost, and what to recycle. Those of you who gather bottles, cans, milk containers, juice boxes, etc. to take to SARCAN Recycling are caring for the earth. You might use the recycling money you get to augment your income or as a way to save for a special purpose. Some of you take your SARCAN deposit refunds and give them to an organization you support. That is an act of generosity that helps others.

Now the Cathedral is creating an opportunity for you to give your SARCAN returns money to St. Paul's if you so choose. The Cathedral has created a SARCAN Drop and Go Group account. The name of the group account is St Paul's Anglican Cathedral and the password phrase is stpaulscathedral. Those of you familiar with Drop and Go can begin any time you wish to do so. For those who aren't certain of the procedure, detailed information will be provided by the first Sunday in September. In the meantime, save your bottles, cans, milk cartons, etc. if you wish to support this venture.

If you have any questions, please contact any member of the Stewardship Committee—Carol Marz, Basil Pogue or Cheryl Toth.



NUTURING GOD'S GIFTS

The Rev'd Canon Cheryl Toth

One of the gifts we have at the Cathedral is the number of children and youth who are part of the congregation. They are part of the baptismal community now and a sign of a vibrant congregation. They are also developing knowledge, skills and talents that will contribute to the life of our church now and into the future. So how are we to support them as they grow in life and faith?



One of the ways is through Christian education programs on Sunday mornings and at special times throughout the year. I have been part of conversations over the past few months with people who want to strengthen or expand what we are currently offering the children and youth in our midst. Nothing concrete has yet been determined but something is developing. Stay tuned!

So, here's my question to you: are you interested in being part of a team of people working to strengthen the ministry we have with children and youth? If so, please speak with me or contact me via text or email (306-591-5924, cheryltoth81@gmail.com). A conversation with me is not a commitment to anything but it is an opportunity for me to learn who is interested in this and what their ideas are for moving forward. I look forward to talking with you as we discern what we can do with and for the young people in our midst.

ST. PAUL'S AT McNAB COMMUNITY FAIR

On July 24, six members of St. Paul's attended a pop-up market at McNab Community Fair to sell our wares of syrup and jam. We were very grateful for the shade tent, fans and water as the temperature was 34° but felt more like 40°.

Those in attendance were Karen Van der Gucht, Lindsey Blacker, Elvira Beday, Averyl Doago, Shelley Proulx, and Angie Friedrich.



NOTES FROM THE LECTIONARY

by William Stahl

Letter to the Romans

The second reading for most of this summer is from Paul's letter to the Romans. It was Paul's last letter, his longest, and his most important. It is the centerpiece of Protestant theology to this day.

Paul's ministry ran from 47 to 64 AD, so his letters are the oldest part of the New Testament. Thirteen letters are attributed to Paul, although scholars today think that Paul only wrote seven of them. These are: Romans, 1st and 2nd Corinthians, Galatians, Philippians, 1st Thessalonians, and Philamon. In the New Testament they are organized by length.



Romans was Paul's last letter. After the Council at Jerusalem (c54 AD), Paul promised to "remember the poor" and chose to do that by raising a collection for the church in Jerusalem. By 57 or 58 AD this was complete and Paul wrote his letter to the Romans as he was getting ready to depart Greece for Jerusalem. His motive may have been to raise funds and support for his proposed missionary journey to Spain. In any event, that never happened. Paul was arrested in Jerusalem, appealed to the emperor, and was sent as a prisoner to Rome. There, according to tradition, he was executed by Nero during the persecution of 64 AD.

Paul's letters were not compiled until about 110 AD, nearly fifty years after his death. By then some had been lost, some were in fragments, and some letters written by others were being attributed to Paul. For example, scholars know that Paul wrote four or five letters to the church at Corinth. What we call 1st Corinthians was actually the second letter written (the first has been lost). Second Corinthians is made up of fragments of at least two other letters. Romans has similar problems. Chapters 15 and 16, while probably written by Paul, do not appear in the earliest manuscripts and were probably fragments of other letters added later.

Some scholars think that Paul did not write chapter 13. That chapter calls for unquestioning obedience to the state. But it is not found in some of the earliest manuscripts, its location breaks up the flow of Paul's argument, and it contradicts what Paul said in some of his earlier letters. These scholars think it was written by someone else and added later.

Notes from the Lectionary cont'd

Although Paul's teaching of justification by faith alone is the centre of Protestant theology, Romans should not be seen as a systematic treatise. It was the only letter Paul wrote to a church that he had not himself founded. As in all of his other letters, he addresses particular local issues, engages in polemics, and gives pastoral advice. But because he had never been to Rome, Paul lays out his teachings in considerably more detail than he did in any of his other writings.

THE REAL – AND NEARLY COMPLETE – STORY

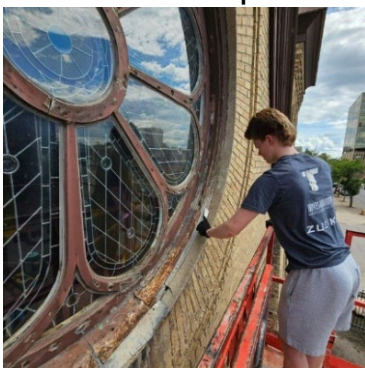
You have probably figured out by now that those two figures in the window are not ghosts but rather the shadows of workmen working outside to stabilize the wooden frame of the West Rose Window. A scissor lift was needed to restore the frames of both rose windows which accounts for the “hovering” look.

The west window was relatively easy as the lift was located on our property with no obstacles blocking the way.

Positioning the scissor lift on the west side.



Once the west window was reached, only putty/wood filler, epoxy and paint were needed to complete the frame restoration.



Eli applying putty/wood filler, then epoxy, then paint.

The Real Story cont'd...

Then came the nerve-racking exercise of positioning the scissor lift under the south facing rose window located above the choir exit on 12th Avenue. The lift was driven onto 12th Avenue while buses were coming and going, then onto car ramps to get onto the sidewalk.

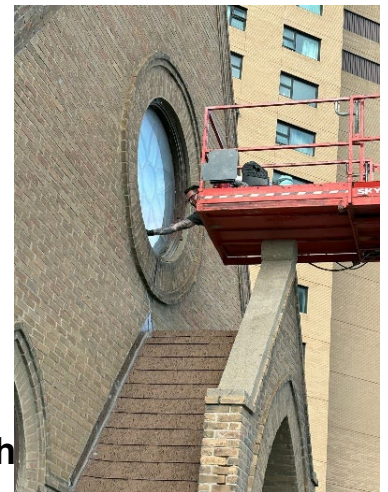
Ready to drive up onto 12th Avenue sidewalk to position the lift as close as possible to the window.



Unfortunately, the lift extension still could not reach the window because of the steps at the exit door. Thankfully, the long arm of Matthew did! (Please, do not call OH&S!)

When you are outside admiring our fencing and the start of the landscaping, look up. The West Rose Window frame is painted. BUT, the dangers in repositioning the scissor lift to paint the South Rose Window was deemed too risky. That frame will be painted when the two Rose Windows return from Winnipeg – date to be determined.

The long reach



Thank you to the Heritage Incentive Grants and the City of Regina

The work of restoration to our stained-glass windows was assisted by a grant from the Heritage Incentive Grants, City of Regina awarded to us in 2025. Without their financial assistance, we would not have been able to restore such a large number of windows all at once. Thank You!

City of Regina



RESTORED WINDOWS RETURNED

Seven (7) restored windows came back from Prairie Glass Studio in Winnipeg and were installed on the 24th and 25th of July. Here are photos of the 'new-to-us' windows, freshly cleaned with new coming and supports and good for the next 50 – 75 years!



- Figure 1: Window 5 – Dove Over Bible
- Figure 2: Window 8 – Dove Over Bible
- Figure 3: Window 9 – Cross on Bible over St. John's Scroll
- Figure 4: Window 14 – Alpha Omega
- Figure 5: Window 22 – Wheat Sheaf over Cross
- Figure 6: Window 23 – Christ with Lamb (Tomlinson)
- Figure 7: Window 30 – 5 Point Star over Grapes

CHURCH YARD & BEAUTIFICATION PROJECT

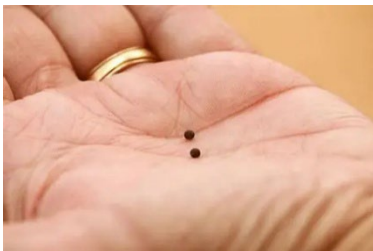
Now that the gates have been installed in the fence, attention has turned to the beautification of the church grounds. Trees have been added and clover has been planted. Many, many thanks to Shelley Proulx for her continued dedication and hard work given to this project!



Thank you to the Anglican Foundation of Canada for awarding us a grant of \$12,000.00 for the Church Yard and Beautification Project.

FOR YOUR INFORMATION

Jesus often used the tiny mustard seed in his parables. Without having seen a mustard seed, it can be hard to grasp the image he describes. So, for your information...



Brown mustard seeds: 1.8-2.2 mm



Yellow mustard seeds: 2.0-2.8 mm

Now you know!



UPCOMING EVENTS

Sunday, September 13

The Most Reverent Shane P. Parker, Primate, Presiding & Preaching

September 26

Fall Supper

October 17

Puzzle Sale

November 7

Legion Tea

November 21

Christmas Bazaar

November 29

Advent Tea

AFTER CHURCH ON SUNDAY



Join us for FELLOWSHIP following the 10:00 a.m. Sunday service.

Come for the coffee and tea but stay for the people.

St. Paul's Cathedral Contact Information

Mailing address: 1861 McIntyre Street
REGINA SK S4P 2R2

Telephone: (306) 522-6439

Email: office@stpaulsregina.ca

Website: www.stpaulsregina.ca

Facebook: <https://www.facebook.com/StPaulsAnglicanCathedralRegina>

Columbarium Office: (306) 352-8931
stpaulscolumbarium@gmail.com

If you have comments or concerns regarding Cathedral Calling contact:
Angie Friedrich, 306-570-2236, afriedrich235@gmail.com



**“If I send my prayer as a text message,
will I get a faster reply?”**