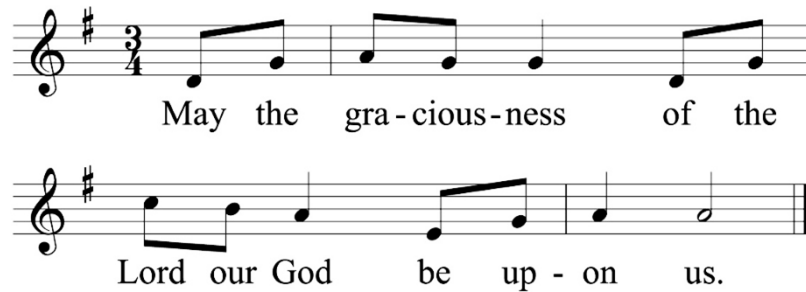


Psalm 90:1-6, 13-17



Lord, you have been our refuge from one generation to another. Before the mountains were brought forth, or the land and the earth were born, from age to age you are God. **R**

You turn us back to the dust and say, “Go back, O child of earth.” For a thousand years in your sight are like yesterday when it is past and like a watch in the night. **R**

You sweep us away like a dream; we fade away suddenly like the grass. In the morning it is green and flourishes; in the evening it is dried up and withered. **R**

Return, O Lord; how long will you tarry? Be gracious to your servants. Satisfy us by your loving-kindness in the morning; so shall we rejoice and be glad all the days of our life. Make us glad by the measure of the days that you afflicted us and the years in which we suffered adversity. **R**

Show your servants your works and your splendour to their children. May the graciousness of the Lord our God be upon us; prosper the work of our hands; prosper our handiwork. **R**

*We wish to acknowledge that St. Paul's Cathedral sits in **Treaty 4 Territory**, the traditional homeland of the Cree, Assiniboine, Saulteaux and Metis People. We do so with the deepest respect for the traditions and nations who have been in this place for thousands of years, and as a reminder to the Church that reconciliation is our most important task.*

St. Paul's Cathedral

1861 McIntyre Street, Regina, SK

Phone: 306-522-6439

Office hours: Monday-Friday 9 a.m. – 3 p.m.

For The Dean-ext. 1 – Admin-ext. 2

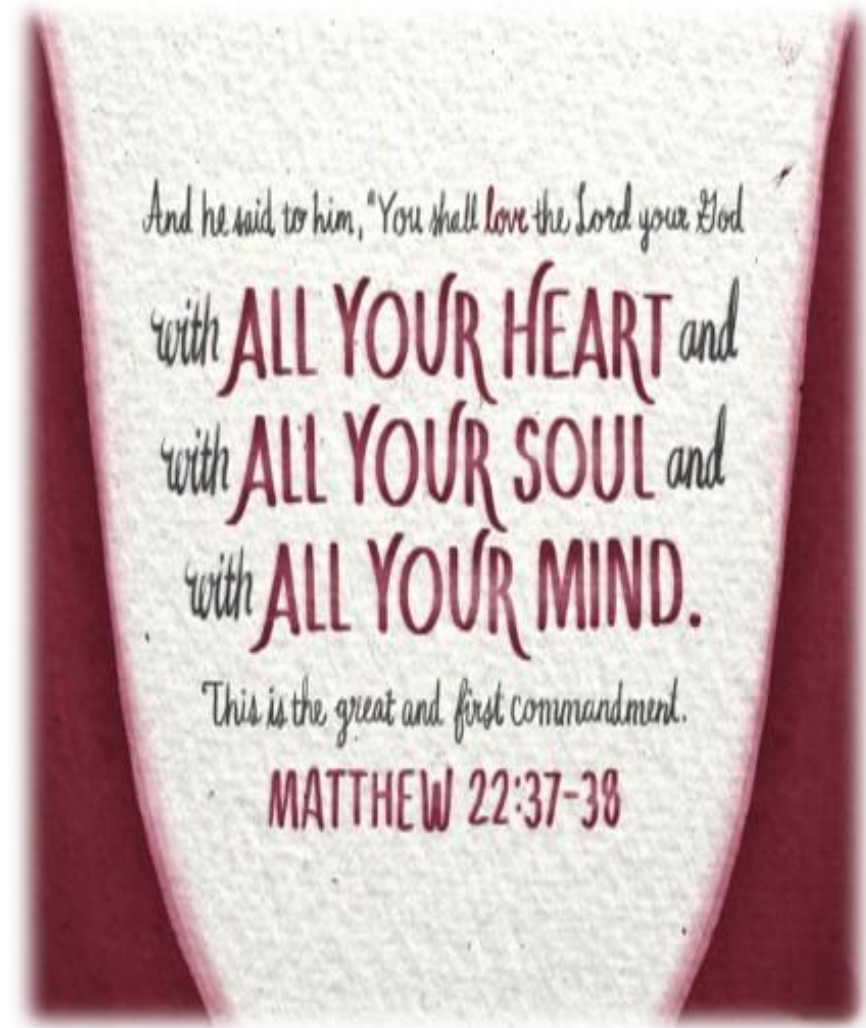
Email: office@stpaulsregina.ca

Website: www.stpaulsregina.ca

The Dean	The Very Reverend Michael Sinclair 306-537-6439 mrsinclair@sasktel.net
Honourary Assistant	The Reverend Canon Cheryl Toth 306-591-5924 cheryltoth81@gmail.com
Deacon	The Reverend Susan Haacke 306-539-9777 s.haacke@sasktel.net
Deacon	The Reverend Rita Brann 306-537-4003 rrbrann@sasktel.net
Church Warden	Susan Gorges susan@gorges.ca
Parish Treasurer	Donna MacIntosh macis@sasktel.net
Vestry Chair	Gillian Oberndorfer gilliano@sasktel.net
Director of Music	Dorianna Holowachuk dorianna.c.h@gmail.com
Sunday School	The Reverend Canon Cheryl Toth 306-591-5924 cheryltoth81@gmail.com
Columbarium	Marilyn Hedlund - Chair marilyn.hedlund@gmail.com
Altar Guild	Merrilyn Dubreuil maodubreuil@outlook.com
Head Sub Deacon & Server Co-Ordinator	Tannis Patterson tgpatterson@sasktel.net

Cathedral Calling Editor Angie Friedrich
& Volunteer Coordinator
Phone: 306-570-2236
Email: wa3f@sasktel.net

St. Paul's Cathedral



Twenty-Second Sunday after Pentecost

October 25, 2026

St. Paul's Cathedral
Twenty-Second Sunday after Pentecost
October 25, 2026
10:00 a.m. Holy Eucharist

Processional Hymn **347**..... ‘*The God of Abraham Praise*’
Welcome

GATHERING THE COMMUNITY

CATHEDRAL MASS – JEFF JONES

Service begins on page 185

The Grace.....*page 185*
Collect of the Day.....*page 390*

All Children are Welcome to Proceed to Sunday School

PROCLAIMING THE WORD

First Reading.....Deuteronomy 34:1–12
Psalm **90:1–6, 13–17**.....*see back page*
Second Reading 1 Thessalonians 2:1–8
Gradual Hymn **480**..... ‘*Lord, Be Thy Word My Guide*’
Holy Gospel Matthew 22:34-46
Homily.....*The Dean*
The Apostles’ Creed.....*page 189*
Prayers of the People
Confession and Absolution *page 191*
The Peace

CELEBRATING THE EUCHARIST

Offertory Hymn **487**..... ‘*Where Charity and Love Prevail*’
Prayer over the Gifts..... *page 390*
Eucharistic Prayer **5**.....*page 204*

SANCTUS .CATHEDRAL MASS – JEFF JONES

The Lord’s Prayer.....*page 211*
The Communion
Agnus Dei (*Choir*)*CATHEDRAL MASS – JEFF JONES*
Communion Reflection Trio in G minor Op. 49
by Josef Rheinberger

Anthem ‘*O God, Our Help in Ages Past*’ –William Croft,
descant by Alan Gray (Text: Psalm 90, paraphrased by Isaac Watts)

*O God, our help in ages past, our hope for years to come, our shelter from
the stormy blast, and our eternal home:*

*Under the shadow of thy throne Thy saints have dwelt secure; sufficient is
thine arm alone, and our defence is sure.*

*Before the hills in order stood, or earth received its frame, from everlasting
thou art God, to endless years the same.*

*A thousand ages in thy sight are like an evening gone, short as the watch
that ends the night before the rising sun.*

*Time like an ever-rolling stream bears all our years away; they fly
forgotten, as a dream dies at the opening day.*

*O God, our help in ages past, our hope for years to come, be thou our
guard while troubles last, and our eternal home.*

SENDING FORTH

Prayer after Communion *page 390*
Thanksgiving..... *page 214*

Announcements

Final Hymn **645**..... ‘*Come Down, O Love Divine*’

Blessing

Dismissal

Ministers at the Liturgy

Presider & Preacher.....The Very Reverend Mike Sinclair
Deacon The Reverend Deacon Susan Haacke
Sub Deacon.....Pat Henneberg
Intercessor.....Mary Wallace
Crucifer..... Setor Tsegah
Readers Carol Marz ,Pat Henneberg
Communion Assistants Helen Jackson, Janet Craig
..... Nadienne Thompson
Greeters Dave & Marilyn Hedlund
Altar Guild Joanne Bonneville, Pat Deibert
Coffee Time..... Shelley Proulx
Camera Operator Averyl Dogao
Director of Music.....Dorianna Holowachuk
Choir of St. Paul’s Cathedral ..directed by Dorianna Holowachuk
Organist.....Valerie Hall
Organ Scholars Alexander Olson, Hilarey Cowan
Prelude Cantilena from Sonata No. 11 by Josef Rheinberger
Postlude Fughetta No. 1 Op. 123a by Josef Rheinberger

WE PRAY FOR . . .

. . . . Regina, St Mary the Virgin ~ We pray for the parish
during a time of transition.

. . . . **ACC** - The Rt. Rev. John Stephens, Bishop, and the
clergy and people of the Diocese of New Westminster

. . . . **ELCIC** - Remembering October 31, 1517 – as the day
Martin Luther published the Ninety-five Theses -
sometimes cited as the launching of the Protestant
Reformation

. . . . **TOGETHER** - For an end to gender-based violence
and human trafficking

. . . . **Anglican Communion** - The Church of the Province
of Central Africa

. . . . Our Companion Dioceses of Lichfield and Musinga

. . . . Our ecumenical partners in the Lutheran, Anglican,
Ukrainian Catholic, Roman Catholic Covenant (LAURC)

Community Calendar

REMINDERS:

✠ *Please join us in the Hall today for a SPECIAL
LUNCH & FELLOWSHIP following the
morning service come for lunch, cake, coffee,
tea & a visit.☺*

UPCOMING EVENTS 2026

❖ **Legion Tea – Saturday, November 7th
- 1p.m. – 3p.m. at St. Paul’s
Cathedral – see poster in foyer.**

❖ **All Souls Requiem Eucharist-
Saturday, November 7th -10:00 a.m.
in the Columbarium**

❖ **Christmas Bazaar – Saturday, Nov.
21st**

❖ **Service of Lessons & Carols
- Sunday, Nov. 29th**

❖ **Advent Tea – Sunday, Nov. 29th**

❖ **December 20th - 3:00pm Christmas
Concert with St. Paul's Choir and
Descent of the Holy Spirit Ukrainian
Orthodox Church Choir**

*The 2027 Calendars are in & available in
the Cloister - \$10.00 ea. or see Elvira.*